

Let's Talk About Sex

!!DISCLAIMER: This lesson is for the mature in spirit and age!!

Call To Worship: Romans 8:1-17

1 Therefore, there is now no condemnation for those who are in Christ Jesus,
2 because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.
3 For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering. And so he condemned sin in sinful man,
4 in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit.
5 Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.
6 The mind of sinful man[e] is death, but the mind controlled by the Spirit is life and peace;
7 the sinful mind is hostile to God. It does not submit to God's law, nor can it do so.
8 Those controlled by the sinful nature cannot please God.
9 You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ.
10 But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness.
11 And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.
12 Therefore, brothers, we have an obligation—but it is not to the sinful nature, to live according to it. **13** For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live,
14 because those who are led by the Spirit of God are sons of God.
15 For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father."
16 The Spirit himself testifies with our spirit that we are God's children.
17 Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Lesson Scripture Reference I Corinthians 6:9-11, 15-20

9 God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful.
Divisions in the Church
10 I appeal to you, brothers, in the name of our Lord Jesus Christ, that all of you agree with one another so that there may be no divisions among you and that you may be perfectly united in mind and thought.
11 My brothers, some from Chloe's household have informed me that there are quarrels among you.
15 so no one can say that you were baptized into my name.
16 (Yes, I also baptized the household of Stephanas; beyond that, I don't remember if I baptized anyone else.)
17 For Christ did not send me to baptize, but to preach the gospel—not with words of human wisdom, lest the cross of Christ be emptied of its power.

18 For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

19 For it is written: "I will destroy the wisdom of the wise; the intelligence of the intelligent I will frustrate."

20 Where is the wise man? Where is the scholar? Where is the philosopher of this age? Has not God made foolish the wisdom of the world?

Purpose of CAYA services: Remove obstacles that get in our way with having a closer relationship with God and to convict.

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Sex is a taboo subject in church. It's usually preached "Wait until you get married". Because we aren't taught the Godly way about sex, we fight with sexual temptation.

There are also lessons that Rev. Wesley says that he was never told:

1. No one ever taught him that women can be just as scandalous as men with sex. Women can be just as sexually driven as men, with the same sexual desires.
2. The "feeling" of sex can become an addiction.
3. There is no such thing as "free sex". Somewhere down the line, it will cost you something (guilt, regret, gifts, broken heart, time, money, etc.). The price of sex is always "hidden". The devil is good about hiding the real cost of sex.

Sex outside of marriage is not the will of God.

Rev. Wesley had three statements, two of which may divide us and one may surprise us:

1. God never ordained sex between a man and another man.
2. God never ordained sex between a woman and another woman.
3. God never ordained sex between a man and a woman. Only a husband and wife.

[Read Hebrews 13:4.](#)

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

The reason Christ comes is because the fear of the law does not convict us to do right.

- Just as HIV, AIDS, STDs, etc., - fear! We have found a way to rationalize sex with those fears.

Sex is not just physical. There is a spiritual side of sex.

[Read Deuteronomy 22](#) – discusses the laws of Israel. During that time, if a man married a woman and she was not found to be a virgin, she had to be stoned to death by her father.

NOTE: The first instance of sex in the Bible was in [Genesis 4](#).

Sex is the most inherit way to "know" someone.

- Back in biblical times parents had to right to check their daughter's bed after her first sexual encounter with her husband after marriage to see if she was a virgin (checking the bed for blood). NOTE: If a woman is a virgin, after her first sexual encounter, her hymen will break and she will usually bleed after that. Hence, the blood.

- Blood is symbolic of a covenant.
 - o Leaving identities of the past and now becoming one.
 - o When a man and woman “know” each other the first time after marriage, the blood from the woman will cover the man’s penis. Hence, a covenant between the man and woman.

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A person can only have sex with another person so many times without feeling *something*.

There is no such thing as casual sex in God’s eyes. Once people engage in the act, spirits are linked.

- After this act continues with either the same person or other people, the person becomes less spiritual because when you engage in sex with someone, 1/2 of your spirit is lost with that person. You also carry part of your mate’s spirit with you, after the act.
- After this happens continually, a person can have so little spirit left that guilt of the act becomes non-existent.
- Women are multipliers and so do their spirits.
- There is no such thing as a spiritual condom.
- By the time a person gets married that has engaged in multiple sex acts, they’ve carried the baggage of **all** of their mates.

Many of us wrestle with the pervasive demon known as lust.

All of us may be guilty of one of the following:

- Easily stimulated and awakened (lust) at the most inopportune times (Read [Romans 7](#)).
- Smells, sounds, certain music, etc., can create sexual desires within each of us.
- Sexting – (the act of sending sexually explicit messages or photos electronically, primarily between cell phones) – awakens the beast that desires to be fed within us.
- Sight – someone catches our eye; Pornography is a visual stimulation.

We live in a culture that has blatantly ignored God’s desire and endorses sex outside of marriage.

Since sex seems to be so critical in relationships, “how does one get married without test-driving the car”?

- How critical is sex to you in a relationship?
- Dating – is not about sex! It’s about growing together to be able to handle what comes along.
 - o If a person hasn’t engaged in sex before, why is it so important?
 - o We should be asking God to let our mate be willing to do whatever it takes to make the relationship work!
 - o We should be gaining an emotional connection, **FIRST**, while dating, then a sexual one (only during marriage). If emotion and communication don’t exist, the sexual relationship should be the furthest thing from your mind!

Once lust is stimulated, it grows and is consumed.

- Sexual lust, when aroused, begins with daydreaming.
- The “visual” arouses us. Why do you think that women get so mad when they catch their male mate looking at another woman?! That other woman has grabbed his attention.
- Fantasy to fulfillment is a short step.

- Fantasy always seeks fulfillment, especially when the act of sex has already taken place.
- Fulfillment comes when engaging in sex with someone.
- Masturbation is not a “safe way” to sex. When a person masturbates, they are fantasizing about something (read [Matthew 5:28](#)).
- [Genesis 38:9](#) – Onan was engaging in sex with his brother’s wife and spilled semen on the ground to prevent her from getting pregnant. God struck him dead.
- The issue with masturbation is the feeling controls and drives a person; the lust has never been controlled.

Lust persuades us four ways (the devil himself):

1. Suggests that it’s the norm because that’s what everyone is doing.
2. Your sexuality is a gift from God; It’s a need that has to be fulfilled. Satan’s ultimate purpose is to take something God has given us and pervert it.
 - a. God gives us free will and choice. He wants us to use our free will for His good.
 - b. Did you ever think God set up Adam with Eve and the tree?
 - i. Adam had free will and chose to disobey God!
 - ii. Jesus chose to walk with God in Gethsemane. It’s about our choices.
 - c. There is a difference between hungry (need) and horny (not needed).
3. The devil gets us involved in a balancing act. The benefit to living righteous isn’t getting a “free sin” every now and then. God doesn’t grade on a curve! Read [Amos 4:10](#).
4. It covers the guilt you’ll feel. Lust tries to numb us to what is about to happen – lack of vision of what we have to deal with afterwards.

Question: How do we deal with the demon? Answer: Three ways!

1. You have to make a decision to honor God in your sexuality. Your sexuality is of concern to God. Read [Psalm 51](#): David wrote this chapter after his sin with Bathsheba.
 - a. Another question you need to ask yourself is do we want to be WHOLE?
2. You’ve got to accept forgiveness and regeneration that be given to us only through Jesus.
 - a. No garbage collector breaks into your house to steal your garbage. The collector only takes what you put out on the street! God can only help us with what we lay out for Him.
3. Starve the beast. The demon of lust is strong and we’ve never been taught to starve our flesh.
 - a. Definition of fasting: spiritual discipline to say NO to our flesh. Intentionally feeding our spirit while starving our flesh.

NOTE: People who are weak in the flesh are spiritually lazy!

Housekeeping notes:

1. June’s CAYA lesson will be around temptations and how to fight them.